



January 2024

St. Bernard & Elmwood Elementary K-6 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	Crumb Cake Peaches Orange Juice Low Fat Milk	Waffles Fruit Cup Orange Juice Low Fat Milk	Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	Minni Cinnis Craisins Orange Juice Low Fat Milk
15 	Crumb Cake Peach Cup Orange Juice Low Fat Milk	Waffles Fruit Cup Fruit Juice Low Fat Milk	Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	Muffin Yogurt Craisins Orange Juice Low Fat Milk
22 	Crumb Cake Peaches Orange Juice Low Fat Milk	Waffles Fruit Cup Orange Juice Low Fat Milk	Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	Muffin Yogurt Craisins Orange Juice Low Fat Milk
29 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	Crumb Cake Peaches Orange Juice Low Fat Milk	Waffles Fruit Cup Orange Juice Low Fat Milk	Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	Minni Cinnis Craisins Orange Juice Low Fat Milk

NEWS

Breakfast	\$1.20
Reduced Price	.00¢
Extra Milk	.45¢

Assorted low fat milk available daily with breakfast

Students must take at least 3 of the items offered.
(1 must be a juice and/or fruit) with 2 grains or grain and meat/meat alternate and milk

SAVE TIME IN THE MORNING

Deposit money in your child's account for breakfast and lunch
Setup your account in PaySchools Central
www.payschoolscentral.com

IF YOU HAVEN'T ALREADY

Please fill out and return your Free and Reduced Meals Application as soon as possible!

Second Choice

Crunchmania Cinnamon Bun
Juice
Fruit
Low Fat Milk

All Grains are Whole Grain or Whole Grain Rich

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER